

For more information about the Tribal Behavioral Risk Factor Survey, please contact us at (405) 652-9200 or visit our website at www.spthb.org

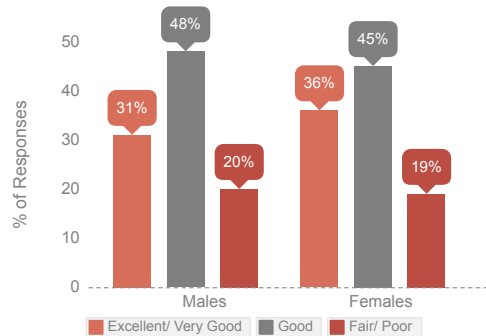
General Health

The Southern Plains Tribal Health Board Oklahoma Area Tribal Epidemiology Center conducted a Tribal Behavioral Risk Factor Surveillance System (TBRFSS) survey. Three hundred forty-six (346) surveys were completed by American Indian/Alaska Natives (AI/ANs) adults, 18 years of age or older, from November 2015 to March 2016. Results may not be representative of all AI/ANs residing in these states, but rather representative of who attended the events and completed a survey.

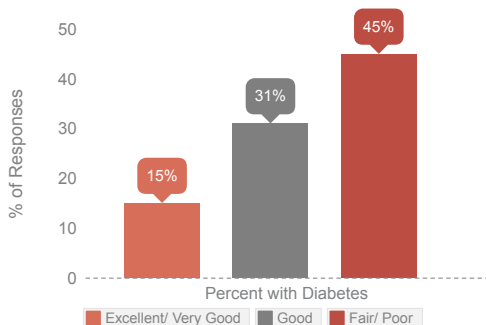
General Health Status

Thirty-one percent (31%) of male respondents and 36% of female respondents reported their health was very good/excellent.

Twenty percent (20%) of male respondents and 19% of female respondents reported their health was fair/poor.



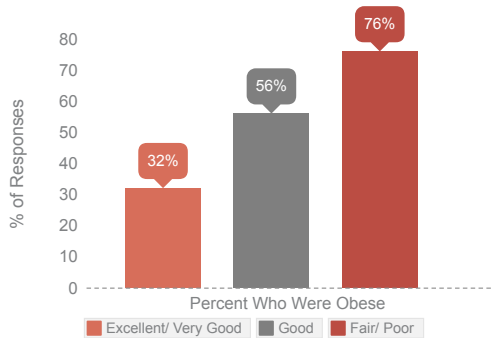
Diabetes



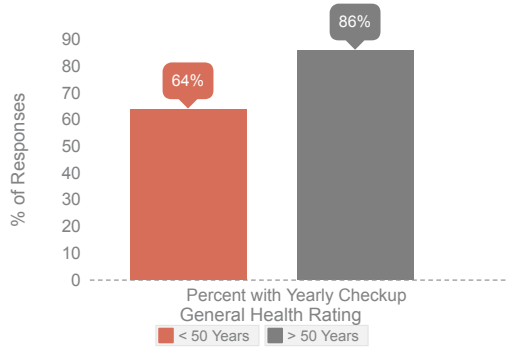
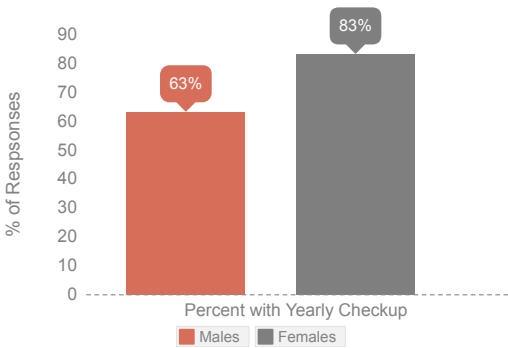
Diabetic respondents reported fair/poor health at the highest percentage (45%).

Body Mass Index (BMI)

BMI, a measure calculated from height and weight, is a general indicator of body fitness. A BMI greater than or equal to 30 is categorized as obese. Obese respondents reported fair/poor health at the highest percentage (76%).



Doctor Visit or Routine Checkup



Women respondents report having a yearly checkup at a higher percentage than male respondents.

Older respondents (≥ 50 years of age or greater) report having a yearly checkup at a higher percentage than younger respondents (<50 years of age).

Cancer

EVER TOLD HAD SKIN CANCER

Two percent (2%) of respondents reported ever being told by a health professional they have skin cancer.

EVER TOLD HAD OTHER CANCER

Five percent (5%) of respondents reported ever being told by a health professional they have a cancer other than skin cancer.