

Men's Cancer Screening

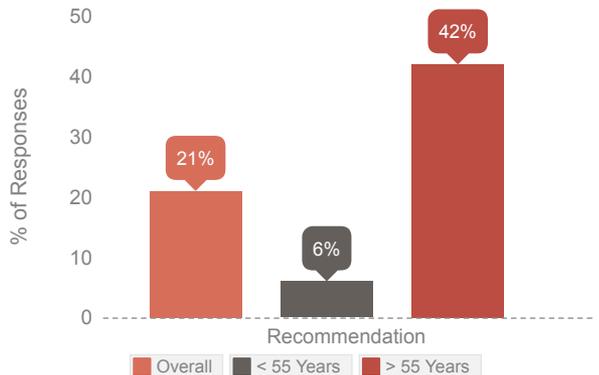
The Southern Plains Tribal Health Board Oklahoma Area Tribal Epidemiology Center conducted a Tribal Behavioral Risk Factor Surveillance System (TBRFSS) survey. Three hundred forty-six (346) surveys were completed by American Indian/Alaska Native (AI/AN) adults, 18 years of age or older, from November 2015 to March 2016. Results may not be representative of all AI/ANs residing in these states, but rather representative of who attended the events and completed a survey.

Prostate-Specific Antigen (PSA)

In May 2012, the United States Preventive Services Task Force recommended against the use of prostate-specific antigen (PSA)-based screening for prostate cancer. This report details PSA screening among surveyed American Indian men 39 years of age or older.

Ever Recommended to Have a PSA Test

Twenty-two men (21%) have ever had a health professional recommend they receive a PSA test. Men 55 years of age or older (42%) were more likely to have been recommended to have a PSA test than men under 55 years of age (6%).



Ever Had a PSA Test

Twenty men, 39 years of age or older, reported ever having a PSA test, while 27 men did not report their PSA testing status. More men 55 years of age or older had ever had a PSA test (41%) than men younger than 55 years of age (3%).



PSA Test Timing and Reason for Testing

Of the 20 men who had ever had a PSA test, 11 (55%) had been tested within the last year. Men less than 55 years of age who had a PSA test performed were tested within the last year. Fifty percent (9) of the men 55 years of age or older, who ever had a PSA test, were tested within the last year. Seventy-five percent (15) of men had the PSA test as part of a routine exam, while four men reported receiving a PSA test due to a prostate problem. One man received PSA testing for an unspecified other reason.

PSA Advantages and Disadvantages

Men 55 years or older were more likely to have talked about PSA advantages than men less than 55 years of age. Twenty-six men did not respond to the question or did not know if they had discussed the advantages of PSA testing.

Fewer men have discussed the disadvantages than the advantages of screening even though PSA-based screening is not currently recommended. Thirty men did not answer the question or were unsure if they had discussed the disadvantages of PSA testing.

