





# This spray can save a life,



And you can too.  
Save a loved ones' life  
With Narcan®.

# Opioid Facts

-  Opioids are a class of drugs that include legal and illegal drugs. Examples of opioids include fentanyl, heroin, and prescription painkillers.
-  34 Oklahomans die every month from unintentional prescription opioid overdose.
-  There were 402 opioid-overdose deaths among American Indian/Alaska Natives from 2010-2015 in the United States.
-  People who are addicted to prescribed opioid painkillers are 40x more likely to be addicted to heroin.

Source: <http://poison.health.ok.gov>

Source of Data: <https://www.cdc.gov/drugoverdose/opioids/heroin.html>

Oklahoma PMP AWAxRE system were analyzed and compiled by the Oklahoma Department of Mental Health and Substance Abuse Services, Decision Support Services

## Who is at risk of an overdose?

**Prescription opioids can be used to help relieve moderate-to-severe pain. These medications can be an important part of treatment but also can come with serious risks when taken incorrectly or with prolonged use.**

### Risks Are Greater With

- History of drug misuse or overdose
- Recent change in medication
- Depression or anxiety
- Sleep apnea
- 65 years and older
- Pregnancy

### Signs of Opioid Overdose

- Slow and shallow breathing
- Unresponsive
- Tiny pupils
- Snoring or gurgling
- Cold or clammy skin
- Pale skin tone and bluish lips

Source: <https://www.cdc.gov/drugoverdose>

## You can respond to opioid overdose with Narcan®

**Narcan® is a medication used to reverse heroin and prescription opioid overdose. This is a safe and legal medication that is not addictive and cannot be abused.**

-  Call 911 immediately.
-  Administer Narcan®.
-  Perform rescue breathing or chest compressions.
-  After Narcan®, stay with person until help arrives.
-  Narcan® acts within 2-5 minutes. If the person does not wake up after a 5 minute period, give them a second dose.

Source: [https://www.ok.gov/odmhsas/Prevention\\_/Take\\_As\\_Prescribed.html](https://www.ok.gov/odmhsas/Prevention_/Take_As_Prescribed.html)