

Home Isolation or Quarantine

Living with someone that tested positive for COVID-19?

Home isolation are for those that test positive and need to isolate from others even in their home.

Quarantine are for those who have been exposed to COVID-19 and need to stay away from others to reduce the risk of spreading the virus.

Contact is being within 6 feet of an infected person for 15 minutes or more.

If you can't avoid contact, quarantine for 14 days starting 10 days after the infected person's positive test date.

If you can avoid contact, quarantine for 14 days starting on the day since last contact.

For more information visit <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html> or spthb.org/covid-19

